



CERTIFICATE OF PARTICIPATION

This is to certify that

Hendrik Lodewyks

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 03:48:20

PACE 05:25/km
OVERALL 72 of 834

GENDER 59 of 563
40+ 13 of 161

08 July 2023, Sat

Date



BoutTime

Signature

